



Dubai Sports City – SOCATOTS 2009/2010 programme

Dear Parents,

The much-awaited SOCATOTS, a soccer-specific physical play programme for toddlers up to five years of age, is preparing for its launch at Dubai Sports City on September 25th, with registration now open. SOCATOTS will also be delivered in Arabic; therefore, participants will have a choice to register for English or Arabic lessons.

SOCATOTS extends far beyond just football and physical exercise. The course aims to improve balance and co-ordination, further develop cognitive skills, enhance every muscle and bone development, increase self confidence, and demonstrates the benefits of keeping fit through a number of learning exercises. Research has shown that children who are physically active from a young age are more likely to have better concentration skills in the classroom, and this is the philosophy that underpins the SOCATOTS programme.

SOCATOTS uses soccer or football as our medium and of course a child attending SOCATOTS will greatly develop their skills in this area, however SOCATOTS is about a great deal more than just developing a child's affinity and control with the ball, it is about giving them a well-rounded start in their physical, social and educational development and developing the 'whole child'.

SOCATOTS sessions are led by staffs who have undergone comprehensive and regular SOCATOTS training courses. Each SOCATOTS session is for 45 minutes and held once a week with 8 participants per session.

Course description:

Phase	Age	Description
2	Walking to 2 years	This class is designed for children who can walk confidently. With parental participation, children will start to learn footballing basics such as kicking and passing, turning and juggling.
3	2 to 5 years (school age)	Introduces the child to control of the ball with all body parts, a variation of passes, dribbling movements and much more.

Course fees plus one time registration fees:

Phase	10 Weeks	30 Weeks
2	AED 800	AED 2,160
3	AED 800	AED 2,160

One time registration fees:

Type	Cost – any one of the below	Contents of Package
Bronze	AED 150	T-shirt, shorts, socks and drawstring bag, parents pack, height chart and skills book.
Silver	AED 175	Bronze package plus SOCATOTS ball.
Gold	AED 225	Silver package plus SOCATOTS CD.

Course Schedule:

Socatots				
Day	Timings	Course Code	Age Group	
Saturday	10:00 - 10:45	1 SAT	Phase 2	
	10:00 - 10:45	2 SAT Arabic	Phase 2	
	11:00 - 11:45	3 SAT	Phase 3	
	11:00 - 11:45	4 SAT Arabic	Phase 3	
	12:00 - 12:45	5 SAT	Phase 2	
	12:00 - 12:45	6 SAT Arabic	Phase 2	
	3:00 - 3:45	7 SAT	Phase 2	
	3:00 - 3:45	8 SAT	Phase 2	
	4:00 - 4:45	9 SAT	Phase 3	
4:00 - 4:45	10 SAT	Phase 3		
Sunday	3:00 - 3:45	11 SUN	Phase 2	
	3:00 - 3:45	12 SUN	Phase 2	
	4:00 - 4:45	13 SUN	Phase 3	
	4:00 - 4:45	14 SUN	Phase 3	
Thursday	3:00 - 3:45	15 THUR	Phase 3	
	3:00 - 3:45	16 THUR	Phase 3	
	4:00 - 4:45	17 THUR	Phase 2	
	4:00 - 4:45	18 THUR	Phase 2	
Friday	3:00 - 3:45	19 FRI	Phase 2	
	3:00 - 3:45	20 FRI	Phase 2	
	4:00 - 4:45	21 FRI	Phase 3	
	4:00 - 4:45	22 FRI	Phase 3	

Venue:

Dubai Sports City – Football Academy

BOOK NOW!

Only 8 participants per group. Limited places available, Call Fares Ali on 04 425 1125 or email football@dxb sport.com

